



# SPEED AVERAGES

## TIMEKEEPING

1 mph=	.1 mile	every 6 minutes
3 mph=	.1 mile	every 2 minutes
4 mph=	.2 mile	every 3 minutes
5 mph=	.5 mile	every 6 minutes
6 mph=	.1 mile	every 1 minutes
7 mph=	.7 mile	every 6 minutes
8 mph=	.4 mile	every 3 minutes
9 mph=	.3 mile	every 2 minutes
10 mph=	.5 mile	every 3 minutes
11 mph=	1.1 mile	every 6 minutes
12 mph=	.2 mile	every 1 minutes
13 mph=	1.3 mile	every 6 minutes
14 mph=	.7 mile	every 3 minutes
15 mph=	.5 mile	every 2 minutes
16 mph=	.8 mile	every 3 minutes
17 mph=	1.7 mile	every 6 minutes
18 mph=	.3 mile	every 1 minutes
19 mph=	1.9 mile	every 6 minutes
20 mph=	1.0 mile	every 3 minutes
21 mph=	.7 mile	every 2 minutes
22 mph=	1.1 mile	every 3 minutes
23 mph=	2.3 mile	every 6 minutes
24 mph=	.4 mile	every 1 minutes
25 mph=	2.5 mile	every 6 minutes
26 mph=	1.3 mile	every 3 minutes
27 mph=	.9 mile	every 2 minutes
28 mph=	1.4 mile	every 3 minutes
29 mph=	2.9 mile	every 6 minutes
30 mph=	.5 mile	every 1 minutes
31 mph=	3.1 mile	every 6 minutes
32 mph=	1.6 mile	every 3 minutes
33 mph=	1.1 mile	every 2 minutes
34 mph=	1.7 mile	every 3 minutes
35 mph=	3.5 mile	every 6 minutes
36 mph=	.6 mile	every 1 minutes